

MELVILLE SWIMMING CLUB - SUMMER PROGRAM 2008/2009

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| SWIM 1 6/10/2008 | SWIM 2 13/10/2008 | SWIM 3 20/10/2008 |
| Registration and Racing Night 200 BBB (Breaststroke, Butterfly, Backstroke) Freestyle(25, 50) Backstroke(25,50) Breaststroke(25,50) Butterfly (25, 50) | 200 BBB (Breaststroke, Butterfly, Backstroke) Backstroke(25,50) Breaststroke(25,50,100) Freestyle(25, 50) Butterfly (25, 50) | 200m Breaststroke Distance Champs ----- Breaststroke(25,50) Backstroke(25,50) Freestyle(25, 50, 100) Butterfly (25, 50) |
| SWIM 4 27/10/2008 | SWIM 5 3/11/2008 | SWIM 6 10/11/2008 |
| 200m Freestyle Distance Champs ----- Freestyle (25, 50) Breaststroke (25, 50, 100) Backstroke (25, 50, 100) Butterfly (25, 50) Ind. Medley (100,200) (IF TIME) | 200m Backstroke Distance Champs ----- Breaststroke(25,50,100) Backstroke(25, 50) Freestyle(25, 50,100) Butterfly (25, 50) | OPEN SPRINT CHAMPS ----- Freestyle(25, 50) Backstroke(25, 50) Breaststroke(25, 50) Butterfly (25, 50) Ind. Medley (100, 200) |
| SWIM 7 17/11/2008 | SWIM 8 24/11/2008 | SWIM 9 1/12/2008 |
| 400m Freestyle Distance Champs ----- Freestyle(25, 50, 100) Backstroke (25, 50, 100) Breaststroke (25,50, 100) Ind. Medley (100, 200) (IF TIME) | OPEN CHAMPIONSHIPS Freestyle 100m Breaststroke 100m ----- Freestyle (25,50) (if not in Open Champs) Breaststroke(25,50) (if not in Open Champs) Backstroke(25,50, 100) | OPEN CHAMPIONSHIPS Backstroke 100m Butterfly 100m ----- Backstroke(25,50) (if not in Open Champs) Butterfly (25,50) (if not in Open Champs) Breaststroke(25, 50,100) Freestyle(25, 50,100) |
| SWIM 10 8/12/2008 | SWIM 11 15/12/2008 | SWIM 12 22/12/2008 |
| 100m Butterfly Distance Champs Favazzo Trophy -Freestyle 25m ----- Butterfly (25, 50) Freestyle (25, 50, 100) Backstroke(25, 50, 100) Breaststroke(25, 50, 100) | TROPHY Races-HEATS & FINALS Handicappers-Breaststroke 50m Life Members-Breaststroke 100m ----- Breaststroke(25, 50) – if not in trophy Butterfly (25, 50) Backstroke(25, 50, 100) Freestyle (25, 50, 100) | 800m Freestyle Distance Champs ----- <i>School Holidays</i> Freestyle(25, 50, 100) Backstroke (25, 50, 100) <i>Christmas Club Night</i> |

Nominations for Club Night races must be completed by 6.45pm so we can start racing by 7.05pm

1. Indicated races for each club night are subject to change.
2. To be eligible to enter Trophy Races you must swim the event at least three times during 2008-2009 Summer Season prior to the heats.
3. The Season's Top Ten Points Trophies are based on 50m and 100m of the form strokes.

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| <p align="center">No Club Nights 29/12/2008 & 5/1/2009</p> <p align="center">CHRISTMAS AND NEW YEAR BREAK</p> <p align="center">Have a Merry Christmas and a Happy and Safe New Year</p> | <p align="center">SWIM 13 12/01/2009</p> <p align="center"><i>School Holidays</i></p> <p align="center">Ind. Medley (100, 200)</p> <p align="center">Freestyle (25, 50, 100) Breaststroke(25, 50, 100) Backstroke (25, 50, 100) Butterfly (25, 50, 100)</p> | <p align="center">SWIM 14 19/02/2009</p> <p align="center"><i>School Holidays</i></p> <p align="center">200 BBB (Breaststroke, Butterfly, Backstroke) Backstroke(25,50,100) & Butterfly (25, 50,100) Freestyle(25,50,100) Breaststroke(25,50,100)</p> <p align="center">26/01/2009 AUSTRALIA DAY - PUBLIC HOLIDAY NO CLUB NIGHT</p> |
| <p align="center">SWIM 15 2/02/2009</p> <p align="center">AGE CHAMPIONSHIPS Freestyle & Breaststroke</p> <hr/> <p align="center">Freestyle (25) Breaststroke(25) Backstroke (25, 50) Ind. Medley (100, 200)</p> | <p align="center">SWIM 16 9/02/2009</p> <p align="center">AGE CHAMPIONSHIPS Butterfly & Backstroke</p> <hr/> <p align="center">Butterfly (25) Backstroke (25) Freestyle(25, 50, 100) Ind. Medley (100, 200)</p> | <p align="center">SWIM 17 16/02/2009</p> <p align="center">TROPHY Races - HEATS & FINALS Schaper-Freestyle 50m Bert Barrett-Freestyle 100m (Girls) Bert Barrett-Freestyle 100m (Boys)</p> <hr/> <p align="center">Freestyle(25, 50) (if not in trophy) Backstroke(25, 50, 100) Butterfly (25, 50, 100) Breaststroke(25, 50) Ind. Medley (100, 200) (IF TIME)</p> |
| <p align="center">SWIM 18 23/02/2009</p> <p align="center">TROPHY Races-HEATS & FINALS Christie - Backstroke 50m Lynn Watson - Backstroke 100m</p> <hr/> <p align="center">Backstroke (25, 50) (if not in trophy) Butterfly (25, 50, 100) Freestyle(25, 50) Ind. Medley (100, 200)</p> | <p align="center">27/02 - 02/03/2009</p> <p align="center">MOORE RIVER CAMP</p> <p align="center">NO Club Night - Mon 2 March</p> | <p align="center">SWIM 19 9/03/2009</p> <p align="center">TROPHY Races-HEATS & FINALS Presidents Trophy - Fly 25m Renner - Fly 50m - (12 & Under) Tradex Strang - Fly 100m - (Over 12)</p> <hr/> <p align="center">Butterfly (25, 50) (if not in trophy) Freestyle (25, 50) Backstroke (25, 50) & Breaststroke(25, 50) Ind. Medley (100, 200)</p> |
| <p align="center">SWIM 20 16/03/2009</p> <p align="center">TROPHY John Gorringe - 200m IM HEATS ONLY</p> <hr/> <p align="center">Ind. Medley(100) (if not in trophy) Breaststroke (25, 50) Freestyle(25, 50) & Backstroke(25,50)</p> | <p align="center">SWIM 21 23/03/2009</p> <p align="center">TROPHY - John Gorringe - 200m IM FINAL</p> <hr/> <p align="center">Ind. Medley(100) (if not in trophy) Freestyle(25, 50) & Backstroke(25, 50) Breaststroke(25, 50) & Butterfly(25, 50)</p> | <p align="center">30/03/2009</p> <p align="center">WATER OBSTACLE</p> <p align="center">FUN NIGHT</p> |
| <p>Sunday 2 November 08: Shell Meet : MSC Host at Melville Aquatic 1.00pm warmup for 2.00 pm start Sunday 15 March 09: City of Melville Swimming Carnival : MSC Host at Melville Aquatic 1.00pm warmup for 2.00 pm start</p> | | |
| <p>Colour 1. TBC Pennants 2. TBC 3. TBC 4. TBC</p> | | |
| <p>Club Premiership – C Division -Saturday 7th Feb 09 at Challenge Stadium</p> | | <p align="center">Time TBC</p> |
| <p>Saturday 4 April 09 – Summer Windup/Trophy Night - Location TBC</p> | | |